



Schedule

9:00 am	Registration Opens
10:15 am	Rules Meeting for ALL Competitors
11:00 am	Forms Competition Begins
Noon	Sparring Competition Begins

Competitor Fees *

Pre-Registered:

\$45 for 1 Event
\$50 for 2 Events
\$5 for Additional Events

At the Door:

\$55 for 1 Event
\$60 for 2 Events
\$5 for Additional Events

WEKAF Membership must be current in order to compete.

(WEKAF Member Discount is already included in the fees)
\$5 Family Discount: 2 or more competitors from the same family
Pre-Registration Deadline: Postmarked no later than Sept. 17
All Competitors must check in, even if pre-registered.

Spectator Fees *

\$5	Adults
\$3	Children (6 and up)
\$3	Seniors
\$5	Video Taping Pass (no cords allowed)

* MasterCard and Visa accepted

Location

Alverno College Gymnasium

(Between Alphonse Hall & Pitman Theater)
South 39th Street & Morgan Avenue
Milwaukee, WI 53219

For more information, contact Sue Sipin at
(414) 541-3656 or by email at fwma@wi.rr.com
Find us online: www.wekafusa.org
or on Facebook: WEKAF USA Midwest Region

SATURDAY, SEPTEMBER 24, 2011

WEKAF 2011 Midwest Regional Championships Registration

September 24, 2011 - Milwaukee, WI

Forms/Sayaw Divisions

GIRLS SAYAW		BOYS SAYAW		MENS SAYAW (ages 18 to 39)			
Ref #	Division	Ref #	Division	Ref #	Division		
CG01	- Traditional Single (under 10 yrs)	CB01	- Traditional Single (under 10 yrs)	CM01	- Traditional Single		
CG02	- Traditional Double (under 10 yrs)	CB02	- Traditional Double (under 10 yrs)	CM02	- Traditional Double		
CG03	- Open Single (under 10 yrs)	CB03	- Open Single (under 10 yrs)	CM03	- Open Single		
CG04	- Open Double (under 10 yrs)	CB04	- Open Double (under 10 yrs)	CM04	- Open Double		
CG05	- Traditional Single (10 - 11 yrs)	CB05	- Traditional Single (10 - 11 yrs)				
CG06	- Traditional Double (10 - 11 yrs)	CB06	- Traditional Double (10 - 11 yrs)				
CG07	- Open Single (10 - 11 yrs)	CB07	- Open Single (10 - 11 yrs)				
CG08	- Open Double (10 - 11 yrs)	CB08	- Open Double (10 - 11 yrs)				
JUNIOR GIRLS SAYAW		JUNIOR BOYS SAYAW		WOMENS SAYAW (ages 18 to 39)			
Ref #	Division	Ref #	Division	Ref #	Division		
CG09	- Traditional Single (12 - 13 yrs)	CB09	- Traditional Single (12 - 13 yrs)	CW01	- Traditional Single		
CG10	- Traditional Double (12 - 13 yrs)	CB10	- Traditional Double (12 - 13 yrs)	CW02	- Traditional Double		
CG11	- Open Single (12 - 13 yrs)	CB11	- Open Single (12 - 13 yrs)	CW03	- Open Single		
CG12	- Open Double (12 - 13 yrs)	CB12	- Open Double (12 - 13 yrs)	CW04	- Open Double		
CG13	- Traditional Single (14 - 15 yrs)	CB13	- Traditional Single (14 - 15 yrs)				
CG14	- Traditional Double (14 - 15 yrs)	CB14	- Traditional Double (14 - 15 yrs)				
CG15	- Open Single (14 - 15 yrs)	CB15	- Open Single (14 - 15 yrs)				
CG16	- Open Double (14 - 15 yrs)	CB16	- Open Double (14 - 15 yrs)				
CG17	- Traditional Single (16 - 17 yrs)	CB17	- Traditional Single (16 - 17 yrs)				
CG18	- Traditional Double (16 - 17 yrs)	CB18	- Traditional Double (16 - 17 yrs)				
CG19	- Open Single (16 - 17 yrs)	CB19	- Open Single (16 - 17 yrs)				
CG20	- Open Double (16 - 17 yrs)	CB20	- Open Double (16 - 17 yrs)				
SENIOR MENS ages 40 to 49		SENIOR WOMENS ages 40 & over		SENIOR MENS ages 50 & over		SYNCHRONIZED TEAM	
Ref #	Division	Ref #	Division	Ref #	Division	Ref #	Division
CM05	- Traditional Single	CW05	- Traditional Single	CM09	- Traditional Single	CT01	- 3 or More Team Members
CM06	- Traditional Double	CW06	- Traditional Double	CM10	- Traditional Double		
CM07	- Open Single	CW07	- Open Single	CM11	- Open Single		
CM08	- Open Double	CW08	- Open Double	CM12	- Open Double		

Sparring - Single Stick Divisions

JUNIOR GIRLS (ages 6 to 17)		JUNIOR BOYS (ages 6 to 17)		SENIOR MENS (ages 50 and over)	
Ref #	Division	Ref #	Division	Ref #	Division
JG01	- Jr. Girls *6-7 yrs	JB01	- Jr. Boys *6-7 yrs	SSM01	- Lightweight - 149 lbs & under
JG02	- Jr. Girls *8-9 yrs	JB02	- Jr. Boys *8-9 yrs	SSM02	- Middleweight - 150 lbs-180 lbs
JG03	- Jr. Girls 10-11 yrs-Lightweight	JB03	- Jr. Boys 10-11 yrs - Lightweight	SSM03	- Cruiserweight - 181 lbs-210 lbs
JG04	- Jr. Girls 10-11 yrs-Heavyweight	JB04	- Jr. Boys 10-11 yrs - Heavyweight	SSM04	- Heavyweight - 211 lbs & over
JG05	- Jr. Girls 12-13 yrs-Lightweight	JB05	- Jr. Boys 12-13 yrs - Lightweight		
JG06	- Jr. Girls 12-13 yrs-Heavyweight	JB06	- Jr. Boys 12-13 yrs - Heavyweight		
JG07	- Jr. Girls 14-15 yrs-Lightweight	JB07	- Jr. Boys 14-15 yrs - Lightweight		
JG08	- Jr. Girls 14-15 yrs-Heavyweight	JB08	- Jr. Boys 14-15 yrs - Heavyweight		
JG09	- Jr. Girls 16-17 yrs-Lightweight	JB09	- Jr. Boys 16-17 yrs - Lightweight		
JG10	- Jr. Girls 16-17 yrs-Heavyweight	JB10	- Jr. Boys 16-17 yrs - Heavyweight		
* May be divided into 2 weight classes		* May be divided into 2 weight classes			
WOMENS (ages 18 to 39)		MENS (ages 18-39)		SENIOR MENS (ages 40 to 49)	
Ref #	Division	Ref #	Division	Ref #	Division
W01	- Flyweight - 100 lbs & under	M01	- Flyweight - 112 lbs & under	SM01	- Lightweight - 132 lbs & under
W02	- Bantamweight - 101 lbs-110 lbs	M02	- Bantamweight - 113 lbs-117 lbs	SM02	- Middleweight - 133 lbs-162 lbs
W03	- Featherweight - 111 lbs-120 lbs	M03	- Light Featherweight - 118 lbs-122 lbs	SM03	- Lt Heavyweight - 163 lbs-186 lbs
W04	- Lightweight - 121 lbs-131 lbs	M04	- Featherweight - 123 lbs-127 lbs	SM04	- Heavyweight - 187 lbs - 220 lbs
W05	- Welterweight - 132 lbs-145 lbs	M05	- Super Featherweight - 128 lbs-132 lbs	SM05	- Super Heavyweight - 221 & over
W06	- Middleweight - 146 lbs-161 lbs	M06	- Lightweight - 133 lbs-137 lbs		
W07	- Heavyweight - 162 lbs & over	M07	- Welterweight - 138 lbs-143 lbs		
		M08	- Light Middleweight - 143 lbs-148 lbs		
		M09	- Middleweight - 149 lbs-154 lbs		
		M10	- Super Middleweight - 155 lbs-161 lbs		
		M11	- Light Cruiserweight - 162 lbs-168 lbs		
		M12	- Cruiserweight - 169 lbs-176 lbs		
		M13	- Super Cruiserweight - 177 lbs-184 lbs		
		M14	- Light Heavyweight - 185 lbs-194 lbs		
		M15	- Junior Heavyweight - 195 lbs-205 lbs		
		M16	- Heavyweight - 206 lbs-220 lbs		
		M17	- Super Heavyweight - 221 lbs & over		
SENIOR WOMENS (ages 40 and over)					
Ref #	Division				
SW01	- Bantamweight- 125 lbs & under				
SW02	- Lightweight - 126 lbs-140 lbs				
SW03	- Middleweight - 141 lbs-160 lbs				
SW04	- Heavyweight - 161 lbs & over				

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Sparring - Double Stick & Team

JUNIOR GIRLS ages 12 to 17		JUNIOR BOYS ages 12 to 17	
<u>Ref #</u>	<u>Division</u>	<u>Ref #</u>	<u>Division</u>
GD01	Jr. Girls 12-17 yrs - Lightweight	BD01	Jr. Boys 12-17 yrs - Lightweight
GD02	Jr. Girls 12-17 yrs - Middleweight	BD02	Jr. Boys 12-17 yrs - Middleweight
GD03	Jr. Girls 12-17 yrs - Heavyweight	BD03	Jr. Boys 12-17 yrs - Heavyweight
WOMENS ages 18 & over		MENS ages 18 to 39	
<u>Ref #</u>	<u>Division</u>	<u>Ref #</u>	<u>Division</u>
WD01	Bantamweight - 125 lbs & under	MD01	Bantamweight - 120 lbs & under
WD02	Lightweight - 126 lbs - 140 lbs	MD02	Featherweight - 121 lbs - 128 lbs
WD03	Middleweight - 141 lbs - 160 lbs	MD03	Lightweight - 129 lbs - 136 lbs
WD04	Heavyweight - 161 lbs & over	MD04	Welterweight - 137 lbs - 147 lbs
		MD05	Middleweight - 148 lbs - 158 lbs
		MD06	Super Middleweight - 159 lbs - 170 lbs
		MD07	Cruiserweight - 171 lbs - 181 lbs
		MD08	Super Cruiserweight - 182 lbs - 194 lbs
		MD09	Light Heavyweight - 195 lbs - 205 lbs
		MD10	Heavyweight - 206 lbs - 220 lbs
		MD11	Super Heavyweight - 221 lbs & over
TEAM FIGHT (3 PERSON) Single Stick			
<u>Ref #</u>	<u>Division</u>	<u>Ref #</u>	<u>Division</u>
T01	Men's Open Weight	T02	Women's Open Weight

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Competition Guidelines

SAYAW/FORMS - TRADITIONAL FILIPINO WEAPONS ONLY

- Traditional: Music is not allowed in Traditional Forms divisions. Kicks should be to the belt or below.
- Open: Music is allowed during Open Forms divisions as well as changing weapons during the form, high kicks, etc. (If music is used, it must be provided by competitor, via cd pre-que'd. No iPods or mp3 players, please.)
- All Divisions: 2-Minute Max. time limit per form. Weapon use should constitute at least 80% of the form. Competitors should finish near their starting position, unless notification is made to the judges. Bladed weapons should be dulled, or wooden, Competitors will be held responsible for damage to the gym floor. Proper attire is required - uniform, vest, appropriate T-shirt. No street clothes or jewelry. Forms competitors may use non-marking tennis or wrestling shoes, or bare feet.

SPARRING

Sparring Matches Consist of 3 Rounds:

- 13 & Under: Rounds are 45 seconds long, with a 30 second rest interval
14 - 17: Rounds are 60 seconds long, with a 30 second rest interval
Men & Women: Rounds are 60 seconds long, with a 30 second rest interval
Seniors: Rounds are 60 seconds long, with a 45 second rest interval

- All Divisions: Matches are scored on a "10 Point Must" system prior to deductions for disarms or penalties. Only attacks with the stick are allowed: Hits, slashes, wittiks are legal, thrusting or butt strikes are not. To signal surrender or stop action for an injury, equipment failure, etc., raise both hands & back up - DO NOT TURN AWAY! - DO NOT BEND OVER!
- Legal Targets: Top, Front & Sides of Helmet, Front & Sides of the Thighs & Body, both Arms & Hands are legitimate targets. Back of Body & Back of Helmet may be hit if facing the opponent (Wittiks - Circular - Indirect strikes)
- Scoring Criteria: **First:** 4 Second Rule - A fighter may not exhibit a total lack of defense. "Lack of Defense" is demonstrated by ignoring the attacks of one's opponent, allowing them to strike repeatedly without an attempt to avoid or lessen the effectiveness of their attacks. Fighters who demonstrate a lack of defense for 4 seconds will be warned, and then penalized, then disqualified.
Second: Scoring is then based on the Greatest Number of Effective Hits. Greatest Number of Effective Hits are determined based on demonstrated power and accuracy, and is subject to the 2 Strike Rule.
Third: 2 Strike Rule - A fighter may not hit more than twice in quick succession, the same target area with the same type of strike.
Last: If the Greatest Number of Effective Hits does not provide a clear winner, and no outstanding penalties sway the decision, the decision will then be based on the following considerations: Ring Generalship, Use of Different Target Areas, Variety of Tactics or Technique, Defense.
- Restrictions: No pushing or striking with any part of your body. No "Head Checking."
No foot sweeps or throws, thrusting, butt strikes, or 2-handed strikes.
No strikes to the knee or below, the groin, or direct strikes to the back or the back of the head.
No strikes to an unprotected neck, head or hand (In the event of an equipment failure, all action stops).
No hitting while holding the opponent's stick. No grappling, wrestling, or hooking.
You may use the ring to control the action; you MAY NOT use it to avoid action.
- Disarms: Attempts to disarm must be immediate, holding the opponent's stick is only allowed to attempt an immediate disarm. Joints MAY NOT be locked or twisted for a disarm, failed disarms must be released immediately.
1-2 disarms shall be scored as part of the match, each resulting in 1 point penalty from each judge for that round.
3 disarms in a match will result in a TKO.
- Mandatory Gear: Forearm and Thigh Pads, non-marking Tennis or Wrestling Shoes.
Short (or long) sleeved T-shirts must be worn for sparring - No sleeveless T-shirts under provided chest protectors.
- Recommended Equipment: Mouthguard, Groin Protector, Elbow, Knee and Shin pads, towels (to wipe off equipment - not to wear under helmets) & headscarves or bandanas, extra sticks. Personal equipment may be used with prior approval. Helmets, chest protectors, stickfighting gloves & sticks will be provided.

WEKAF Midwest Regional Championships Registration

September 24, 2011 - Milwaukee, WI USA

Competitor Release Form

For and in consideration of permitting _____ (Participant) to participate in the WEKAF Midwest Regional Championships, the Undersigned hereby voluntarily agrees to hereafter and forever fully release, discharge, waive and relinquish any and all actions or causes of action for personal injury, property damage or wrongful death arising as a result of engaging said activity or activities incidental hereto, wherever or however the same may occur, against promoters, all co-sponsoring organizations & persons associated with the WEKAF Midwest Regional Championships including Alverno College, Thomas Sipin, Kelii Sipin, Four Winds Martial Arts, Inc., their officers, agents, and employees.

I am fully aware and expressly understand that Eskrima Kali Arnis full contact sparring and Sayaw/Forms competition requires strenuous physical exertion and exercise and necessitates bodily contact during sparring engagements and demonstrations at times as part of the activities of this event. Although all necessary precautions will be taken to maximize the safety of all participants, I am fully aware that any and all of the aforementioned activities and others may result either unavoidably or negligently in physical injury.

I agree to abide by the rules governing this event, and I understand that blatant disregard of these rules, or to the spirit, intention and good sportsmanship of this event will lead to disqualification and expulsion.

I hereby authorize Four Winds Martial Arts, Inc., and their officers, agents, and employees to obtain any and all medical treatment deemed reasonably necessary for Participant. Participant, or Participant's parent/guardian if a minor, agrees to bear any cost connected therewith and shall promptly pay upon billing by the health care provider. Neither Four Winds Martial Arts, Inc., nor any of their officers, agents, or employees shall incur any financial liability for any medical treatment obtained pursuant to this authorization.

I also fully release Four Winds Martial Arts, Inc. and its associates from any claim for any video taping or photos taken during this event, and I hereby waive any compensation whatsoever for the use of pictures, movies, media coverage, etc. utilized by those associated with the WEKAF Midwest Regional Championships for profit making motives at any time. This release shall inure to and be binding upon my heirs, executors, administrators and assigns.

Participant Signature

Printed Name

Date

The undersigned, the parent/legal guardian of the above mentioned, has read, understands the same, and hereby accepts and agrees to the terms, conditions and provisions of the foregoing agreement. Mandatory signature for all competitors under 18.

Parent/Guardian Signature

Printed Name

Date